

## TRAININGSPLAN PERCHTOLDSORF DEVILS 2021/2022

| Zeit          | Montag  |         |         | Dienstag |         |         | Mittwoch |         |         | Donnerstag |         |           |     |         |     |         |           |           |  |  |  |  |
|---------------|---------|---------|---------|----------|---------|---------|----------|---------|---------|------------|---------|-----------|-----|---------|-----|---------|-----------|-----------|--|--|--|--|
|               | Halle 1 | Halle 2 | Halle 3 | Halle 1  | Halle 2 | Halle 3 | Halle 1  | Halle 2 | Halle 3 | Halle 1    | Halle 2 | Halle 3   |     |         |     |         |           |           |  |  |  |  |
| 16:00 - 16:05 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 16:05 - 16:10 | M/W U9  | Teuferl | M/W U9  |          |         |         | M11      | M11     | M12     |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 16:10 - 16:15 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 16:15 - 16:20 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 16:20 - 16:25 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 16:25 - 16:30 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 16:30 - 16:35 |         | M15/16  |         |          |         |         |          |         |         |            |         |           | M14 | W12/W14 | M12 | W12/W14 | M15/16    | Tor       |  |  |  |  |
| 16:35 - 16:40 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 16:40 - 16:45 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 16:45 - 16:50 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 16:50 - 16:55 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 16:55 - 17:00 | BLF/W18 |         | M18     | W16      | W18/M16 | W16     | BLF/W18  |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 17:00 - 17:05 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 17:05 - 17:10 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 17:10 - 17:15 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 17:15 - 17:20 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 17:20 - 17:25 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 17:25 - 17:30 |         |         |         |          |         |         |          |         |         |            |         | ML/MK/M18 |     | BLF/W18 |     |         | ML/MK/M18 | ML/MK/M18 |  |  |  |  |
| 17:30 - 17:35 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 17:35 - 17:40 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 17:40 - 17:45 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 17:45 - 17:50 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 17:50 - 17:55 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 18:00 - 18:05 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 18:05 - 18:10 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 18:10 - 18:15 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 18:15 - 18:20 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 18:20 - 18:25 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 18:25 - 18:30 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 18:30 - 18:35 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 18:35 - 18:40 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 18:40 - 18:45 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 18:45 - 18:50 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 18:50 - 18:55 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 18:55 - 19:00 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 19:00 - 19:05 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 19:05 - 19:10 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 19:10 - 19:15 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 19:15 - 19:20 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 19:20 - 19:25 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 19:25 - 19:30 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 19:30 - 19:35 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 19:35 - 19:40 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 19:40 - 19:45 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 19:45 - 19:50 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 19:50 - 19:55 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 19:55 - 20:00 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 20:00 - 20:05 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 20:05 - 20:10 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 20:10 - 20:15 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 20:15 - 20:20 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 20:20 - 20:25 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 20:25 - 20:30 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 20:30 - 20:35 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 20:35 - 20:40 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 20:40 - 20:45 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 20:45 - 20:50 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 20:50 - 20:55 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 20:55 - 21:00 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 21:00 - 21:05 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 21:05 - 21:10 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 21:10 - 21:15 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 21:15 - 21:20 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 21:20 - 21:25 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 21:25 - 21:30 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 21:30 - 21:35 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 21:35 - 21:40 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 21:40 - 21:45 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 21:45 - 21:50 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 21:50 - 21:55 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |
| 21:55 - 22:00 |         |         |         |          |         |         |          |         |         |            |         |           |     |         |     |         |           |           |  |  |  |  |